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# BODY POLITICS

**DEIDRA ROBERTS MAKES  
TRANSGENDER RIGHTS A  
PERSONAL AND PUBLIC CAUSE**  
**P. 6**



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Dendra Roberts, a post-operative transsexual woman, battled with her identity for almost five decades before undergoing sexual reassignment surgery. She now campaigns for transgender rights in Saskatchewan's first gay caucus.

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Lutz Weisheit has been at the city's Regina Public Library QC PHOTO BY WINN SCHLOTTKE

## QC COVER PHOTO BY DON HEALY

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# IN THE CITY

# SUNDAY, JUNE 23, 2013. — 11:15 A.M.

## On the right track



A former Think.Sip Studios sponsored car donor victory lap at Lap For Life, a fundraiser for leukemia and lymphoma, held at City Square Plaza in Eugene. GC PHOTO BY MICHAEL MELL

## YOUR FAVOURITE PLACE

What's your favourite place in Regina? Email [qc@leaderpost.com](mailto:qc@leaderpost.com)

## # MY FAVOURITE PLACE

## Loving the library's culture of openness

By Andrew Matto

Lutz Walsh has lived in Regina for most of his adult life after "travelling the world for years as a hippie." Perhaps that's why he's always appreciated stories from outside Saskatchewan and books of the Regina Public Library, whether it was to borrow a magazine published in German or to pick up a large coffee table book. He admits to being an "amateur adventurer." Over the years, his interest in topics, people and places has waxed, but the Regina Public Library remains his favourite place.

**Q Which branch is your favourite?**

**A** I primarily use the downtown branch, but I'll go to the other branches like the Sunrise or Redwell branches depending on where I am in the city. The Redhouse is most convenient for us because we live in the south end and we can be in a visit with a shopping trip.

**Q How often do you go?**

**A** I often visit once a week to pick up my German magazines because I like to read in German. I am on a first come basis with some of the people who work there because I have been going there for so long.

**Q Why did you go so often?**

**A** I used to tell my personal friends could only be learned from, not work so that forced me to go in there once a week. But they just changed that so you can reserve them online and have them for two weeks if you want.

**Q What else has drawn you to the library over the years?**

**A** I call myself a fairly avid reader. I often bring home one or two not the table books. They are books that would cost \$60 at Chapters. Which books they would be would depend on what I am interested in at that time. For instance, I've been looking to take up the hobby of fly fishing so I have found these beautiful ornate table books about that.



Lutz Walsh browses the books in the Regina Public Library. He favourite place in Regina. [qc@leaderpost.com](http://qc@leaderpost.com)

**Q Do you think Reganians make full use of our libraries?**

**A** I am surprised at the people who don't know very much about our library or don't even utilize our library. It's a service that's there. I have friends here in Regina who I took to help them get library cards.

**Q Why do you think it's not used more?**

**A** I think that there's an idea that it's a study academic place. It's actually pretty vibrant. Going upstairs to the main branch and being able to pick up a stack of magazines helps open you up to enjoy different subject matters.

**Q What aspect of the library is your**

**favorite?**

**A** It's a little bit of a mixed bag in the city to me because it doesn't involve monetary exchange. If you're in the downtown core, a lot of places that we call public places have people interesting because of a business exchange. You're at a hotel, a restaurant, a bar and you're exchanging money and exchanging goods. But here is a facility where you are not doing that. The idea that it doesn't cost anything is appealing to me. I suppose it costs us through our taxes. But it's a unique thing that the library provides. It's open to everybody.

**Q What kinds of people do you see there?**

**A** I'll see people in there who we might call low income. I'll see someone who you might see sleeping at the bus depot or something and it's a flipping through a book at the library. I think "wow." That is a place where people can have exposure to something other than the mean streets. That is pretty unique.

**Q How do you describe which books to buy and which to borrow?**

**A** There are some books I want to look through just one time. And they sometimes have an expensive book so it's great to have a book like that for a while. And it doesn't cost you anything. I feel the same way about art books. I like to pick up art books from time to time too.

**Q Do you like how the library is organized?**

**A** It's laid out well. Browsing through a library opens up a whole new world you wouldn't normally be interested in. I would often find a subject area that I would not normally find of interest, being a Proust guy. I got some books and read a story about a sailing race where people got killed. So then I had to read two or three different accounts of the same race from other authors. All of a sudden, I am reading these sailing books. I'll pick up a book written by a specific writer and I'll think it has really good writing. So then I'll find three or four books from the same author because I enjoyed their writing style.

# ON THE COVER

People don't do this on a whim.

—Deirdra Roberts

# TRANSGENDER RIGHTS

## Roberts' journey continues after reassignment surgery



After decades of questioning her identity, Deirdra Roberts had sexual reassignment surgery in 2007. She now works to improve transgender rights in Saskatchewan. GC PHOTO BY GUY ARAZ

By Ashley Martin

To see her at the tiny Cathedral area coffee shop this morning, you might not give this woman a second glance. Her silver hair is cut into a bob and her dress is classy casual, black blouse, jeans and a leather jacket with lapels. It's an ordinary woman

like any other you might encounter.

But Deirdra Roberts has had no ordinary journey. The 58-year-old is a post-operative male-to-female transsexual. She had sexual reassignment surgery in 2007 after almost five decades of questioning her identity and living in the wrong body.

"People don't do this on a whim," Roberts said of her transition. "It's

a pretty major thing to go through for shirts and girdles. And potentially you are pouring it up for all kinds of abuse."

Discrimination is a difficult reality for transgender people.

An estimated 1,100 transgender people were murdered from 2000-12 two of them in Canada. Statistics estimates that 15 per cent of hate

crimes in 2008 were against lesbian, gay, bisexual and transgender (LGBT) people.

A transgender woman was sexually assaulted on her way to a Saskatoon bridal shop, she was told her presence made other patrons uncomfortable.

Federal air travel screening also gives out transgender people, disallowing someone to fly if their ap-

pearance is contrary to the gender listed on their ID.

For reasons such as these, Roberts got into political activism in 2000 working to improve transgender rights in Saskatchewan.

Transgender generally means a person's psychological, gender identity doesn't match the sex they were born into.

I think it's important for the laws to actually state, 'Yes we protect trans people, we protect gay people, we protect gender-variant people.' — Roberts

Though there is no official data on the number of transgender people in the province, Roberts knows of about 180 in Regina, there are likely many more.

In Saskatchewan, she knows of 58 trans arrests — people who've sought corrective surgery.

"I think it's important for the laws to actually state 'Yes we protect trans people, we protect gay people, we protect gender-variant people,' she said.

As a City of Regina employee, she is speaking out through her union to ask, CUPE 31, of which she is a member affiliate. She's worked with the Saskatchewan Federation of Labour (SFL), Solidarity and Pride Committee and as one of three trans representatives on CUPE's National Black Transgender committee, both of which work to defend the rights of LGBT people.

"So many laws still discriminate against trans people," said



Douglas Robert Huber at age two. [www.sasknews.ca](http://www.sasknews.ca)

Dawn Smith, who works with Roberts as the SFL and CUPE committee.

"The journey that a transsexual person goes through is a really tough journey," added Dawn Smith, a friend of Roberts'. "She is very strong and you really have to be strong to survive and come out on top."

♦ ♦ ♦ ♦

Roberts was born in 1896, the third of John and Helen Huber's four children. They named their son Douglas Robert Huber.

Growing up as a boy, Roberts played football (and well, she sang) and dated girls. She hated the nickname Dougie.

But despite these "normal" behaviours, she always knew she was different. Four-year-old Dougie a penchant for shaking man's nylons and hiding them under the mattress became a "freaky" thing.

By the time she grew up, "I guess they figured I was over that, but it never really did go away," said Roberts.

Her older sister Laurie Oliver said their parents thought there was something wrong.

"Doreen would have been totally uncomfortable and ... probably would have been outcast if she would have said 'I really think I'm a woman and not a man.'"

In the '60s, if you came dressed, people thought you were gay. That only added to the confusion of being a transsexual. She still likes women. She still likes men. "The whole thing has been a process of sorting out the confusion for myself."

Until the early 1990s, the reason for Roberts' confusion was a mystery to her. She had an epiphany while watching Jerry Seinfeld Reginald on TV. A transsexual beauty pageant on screen brought her own truth to light.

"That's when I had the blinding flash of the obvious, like, 'Oh my god, that's me.' That was the moment," Roberts was excited! her wife told her she was to the news. "She didn't sign up for this."

Continued on Page B



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Dendra would have been totally uncomfortable and...probably would have been outcast if she would have said, 'I really think I'm a woman and not a man' — Laurie Ulmer

Roberts was classically depressed after years of sexual and two failed marriages. But no matter how hard she tried to embrace marriage, she couldn't.

"I didn't want to marry with nature. I'm born male, I should be true. It's not like I felt bad. I thought it would just accommodate everything."

At age 44, after realizing "it's not going away," she got involved in the LGBT community and began hanging out at the City and Lesbian Community of Regina club 954-636. In 2000, she started seriously contemplating living like a woman.

"I was prepared to do this in whatever I was shamed or told. I was going to go through with it," she knew she'd regret it if she didn't.

Roberts met with a psychiatrist in Saskatoon to receive the diagnosis of gender dysphoria, necessary to pursue a sex change. She was referred to an endocrinologist, spe-

cializing in internal medicine, and was placed on hormones in 2004. "It was like going through puberty for a second time," but she tried to hide it from friends. Family and colleagues for more than five years.

Her secrecy was mainly to do with her parents — she was unsure how they'd react. They were elderly and she chose to leave them in the dark.

"Maybe I should have told them, I don't know. hindsight's 20/20. If I would have told them, I would have started my transition sooner and then people would have known right off the bat. Maybe I should have had more faith in their love."

"It's a fairly major decision to make. You don't just say 'I think I'm really a man, not a woman,' or 'I really am a woman, not a man,'" added Ulmer. "It must be very very difficult and I think the sooner that you face that, probably the less difficult the adjustment to your life."

"I think my own would have understood."

Helen died in 2003 followed by John in 2009.

\*\*\*\*\*

Roberts has worked for the City of Regina for 36 years, 24 of those in facilities maintenance. Her colleagues are all men.

"It was probably the worst kept secret. Everyone knew I was up to something because the 'workplace work' you start looking different."

Her siblings noticed too. "They never said anything, to their credit. They just let me be the one to tell them."

"I had my suspicions for a number of years," said Ulmer. A handsome date computer from Roberts gave a couple of dates a picture of her as a woman, and as, most surprising,

short beer hair removed.

She came out to a woman in June 2006, beginning the parting real-life test that's required to obtain sexual reassignment surgery. The month before, Roberts legally changed her name — Dendra after a character she once saw on TV and Roberts after her own former middle name. She told her siblings. They all supported her, which was a weight off her mind.

"Not many more about your family. Don't say anything else," said Roberts. "I can deal with rejection from people. I don't care about that, but your family is your family."

"I said Doug at the time. Well I'm always worried to have a sister and as far as I was concerned, Wendy or you're my sister or my brother you're my family," said Ulmer.

Roberts lost some friends but made some new ones — Kress was one. They met at the GLAZO one night

about 35 years ago, when Roberts bought a round for Kress and her partner. They've been friends ever since.

"She has this very grounding energy about her that I really like. She's very funny, she's very warm. She's a great friend to have," said Kress.

Settling back into work was stronger at first — maybe stronger for her colleagues than for Roberts — but the Employee and Family Assistance Program made clear there would be some tolerance for harassment.

Something as low as using a public restroom can be an obstacle for a transgender person.

If you're breastfeeding, from male to female, you have to use the women's washroom. Though Roberts hasn't had any confrontations herself, she knows people who have. She tries to avoid public washrooms whenever possible.



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I didn't want to mess with nature. I'm born male, I should be this way'; it's not how I feel but I thought it would just complicate everything. — Roberts

Roberts had a letter from her psychiatrist explaining she was in transition, in case anybody had questions. Co-workers didn't have anything to say but some people at the GLTB did.

"I've had some letters at the gay club saying, 'What are you doing to him?'" said Roberts. "It's bizarre, you think you wouldn't have that problem at the club."

Most of her colleagues were sceptical of her transition, but outside of work is another story. Trans people frequently encounter halting. Being different is more acceptable now but still you have problems," said Roberts.

Generally with trans people, said Smith, "there's a lot of misheard rumors. I've heard that even when I've been with Dennis," Smith has heard from people who've been "yelled at or spit at or just generally treated. It's not an easy life that they lead for the most part."

Sometimes people that ask Roberts "are you a man or a woman?" to which she usually offers a snarky reply like "Yes, Lisa."

Continued on Page 10



Dennis Miller shows a cartoon for the City of Regina's 2012-13 Superior 100 contest.



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You worry more about your family than anything else  
I can deal with rejection from people I don't care about,  
but your family is your family. — Roberts

PHOTO BY JIM HARRIS FOR LEADERPOST.COM. COURTESY OF REGINA PROGRESS CLUB



Debbie Roberts is pictured here on a trip to Paris in the spring of 2005. SUBMITTED PHOTO

Roberts would have preferred to leave Regina and travel to Paris to see her family, but it wasn't realistic. "Plus, 'if you don't accept yourself, how can you expect others to?'"

"The gay community kind of went through that too, the more people that are out, it's easier for the public to accept because all of a sudden their neighbours and their cousins and their relatives are coming and are gay," added Smith.

To those who would reject her, Roberts would say, "I haven't broken the law. I pay taxes. I'm a good neighbour. I work hard. I'm not a child molester. What's the problem?"

\*\*\*

In November 2007, Roberts traveled to Toronto for sexual reassignment surgery.

Roberts could have stayed in Canada — the Brossard Clinic in Montreal does great work, she says — but it would have cost about \$28,000. Brossard Health would have covered 50 per cent of the cost but only after a consultation at Toronto's Centre for Addiction and Mental Health that proved she needed the surgery. The trip to

Toronto would have been on her own dime. "The coverage from the province was totally inadequate," said Roberts.

The trip to Southeast Asia was entirely her own expense, but Thailand has built a whole industry around surgical vasectomies, surrogates and a fraction of what they do in Canada. There, a sex change costs \$5,000.

Though she jokes that by some stage Bangkok is a great place for sexual reassignment surgery, ideally she would have stayed in Canada for a surgery that was totally covered.

Sexual reassignment surgery should be as easily accessible as the hip surgery she had in February, she said. "I had my hip replaced, there's no questions asked. It should be the same way for a sex change. It's not a cancer surgery. It's about feeling good inside your body, feeling good with yourself."

Smith agrees the cost should be covered. "It's not like someone would make this choice just while they're in a haze."

And for many people, affording sexual reassignment surgery is impossible. Roberts had to finance her house to pay for it, not every one has that option.

You can have all the laws you want, but until people in society accept that this is just the way it is, then you're still going to have all those struggles with harassment and discrimination and bullying and whatever else. — Donna Smith

But it's unlikely the surgery will be funded by the government say those said.

"We appreciate both the emotional and financial concerns people experience when they're undergoing this gender reassignment surgery," said Larry St. Denis, director of insured services for the provincial health ministry.

"That being said, there's always competing demands on the medical services that are insured and we need to balance what the demands are for payment, and our ability to pay for them and keep the overall health system sustainable."

♦ ♦ ♦ ♦

Even if the financial support isn't there for transgender people it looks like the legal support is growing.

Bill C-693 passed through the House of Commons in March and, at press time, is still being reviewed by the Senate. It would add discrimination on the basis of gender identity to the federal human rights code and criminal code.

Each province has its own human rights code but of which include gender identity Smith believes if the Senate approves the federal bill, other provincial governments will follow suit.

Changing the law is a start, but it's not enough, said Smith.

"It is the acceptance, the societal acceptance that isn't there. You can have all the laws you want, but until people in society accept that this is just the way it is, then you're still going to have all those struggles with harassment and discrimination and bullying and whatever else," she said.

"We do take the cue from society. Society says that society says 'you're weird,' and we take that as 'That's something that each individual needs to shift in their own journey too,' added Smith. "It would be nice if society didn't judge too much."

That's why Roberts put herself out there. She says she has a duty to educate people.

With each person she meets, she tries to make a good impression on behalf of transgender people everywhere.

"Maybe I've changed their minds a little bit. Maybe they'll say, 'I know a trans person, she's not so bad.' I think you meet people one by one. That's why when I talk to people, I always tell them 'You ask me anything you want and I dare you to ask me a question that insults me, because it hasn't happened yet.'"



Debbie Roberts is an advocate for transgender rights in Regina. (CP PHOTO BY BOB HEAR)



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# SPACES

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## # REGINA'S BEST SPACES

### Couple's first home has lots of colour

By Ashley Martin

**WHO?** Michael and Mandy Pawlowsky

**WHAT?** The living space of their bungalow in west Regina.

**WHEN?** The house was built in 1956 and the couple bought it two years ago.

**WHY?** "We both like character homes but didn't want all the headaches that come along with an older character home," said Mandy. "So we were trying to find something that had some unique elements to it but didn't have a crumbling basement and things like that."

This older home in an established neighbourhood had some fun-to-remember details like the Pawlowskys liked including an entrance hall table that runs through the house, a step up to the kitchen and a miniature hallway. There was only one problem. It was too white for their liking.

"The whole rest of the world seems to embrace colour and here we were just, 'Oh, too white,'" said Michael.

"I wanted a space where regardless of what the weather is outside you don't really know or feel it when you come inside," added Mandy. "I like the idea of just having something bright and warm."

**HOW?** They took to painting when they moved in and completed the entire space in about a month just in time for their housewarming party.

It was next to just watch it transform because everything was white initially everything so we could see colours start spreading around," said Mandy.



Continued on Page 14

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# SPACES

Continued from Page 12

One of the more arduous jobs was the hand-assembled cupboards, but otherwise "it came together pretty easily since we figured out these are the colours" and figured out where to put them," said Michael.

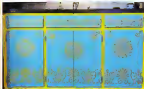
They're having the same challenge now in trying to decorate their unborn baby's bedroom.

"They thought the colours might be headache-inducing, or too close-y, but not so.

"It's just comfortable and relaxing and nice, a warm colourful environment that we like to relax in," said Michael.

It's also great for entertaining — they hosted their wedding here last year.

In their first home together, the Polaskys' individual styles merged well. Their stuff is eclectic: it reflects the cultures they appreciate. Much of it was collected throughout their world travels.



# INVENTORY

We want to hear from you: Tell us about your local business.  
Email [qc@leaderpost.com](mailto:qc@leaderpost.com)

## #SHOPPING SPREE

Luna Lindbergh opened her store two years ago after she discovered the Osageau clothing line from Spain, and loved it and wanted to bring it to Regina. Her store — which also carries other clothing lines — is a full of color and pattern. Public hours for shopping are limited (Wednesday and Thursday 4 p.m. - 5 p.m.) but Lindbergh focuses on appointments and private parties to offer hands-on service to her customers. First Shopping Spree at 1307 Osage St., suite E.

**1. KITCHENWORK** Designal coat \$450

**2. EMBROIDERED** Designal blouse \$199

**3. BEACH WEAR** Designal cotton dress \$199

**4. DESIGN ON DENIM** Designal pants \$194

**5. BEST FOOT FORWARD** Designal shoes, strapless platform \$184 suede mod print \$194

**6. FEELING BLUE** Maudsle artists leather jacket \$550

**7. MARILYN A LA MODE** Designal blouse \$110 tank top \$94



QC PHOTOS  
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# FASHION

Do you have fashion advice to share with our readers?  
Email us at [qc@leaderpost.com](mailto:qc@leaderpost.com)

## # SASKATCHEWAN FASHION

### Rosanna Shavron: A life of art and science

By Ashley Martin

Rosanna Shavron is all business.

The newby fashion-designer loves when women "back the boardroom" during hip business professionals are her target audience.

"We as professional I think it's always great to look your best," said Shavron, who moved to Regina last year from Saskatoon. "I think when you look your best, you also perform your best."

Shavron recently showcased her first collection under the label Jansano, she showcased it at Saskatchewan Fashion Week in May.

Though she's always been passionate about fashion, Shavron has focused on careers in radiology and dental hygiene. She owns dental office with her husband Karim, also a Lakeland.

"Being in Saskatchewan, you never thought you could actually make a go of it [in fashion]," said Shavron. But the 30-year-old thing we've taken the plunge this year. "It's never too late to pursue your passions."

She's excited to design a second collection and hopes to be featured in more fashion shows.

"I love the photo shoots. I am working with the models. I love... the whole production of the runway. I love photographing it and making your creative ideas come to life. I know that I'm an artist more so than a scientist."

She's a bit of a mother. Shavron loves dressing her Karim Jr. and daughter Karlee.

"It's awesome having a boy and a girl because I get to dress both of them. So in their personal style," said Shavron, who is also expecting a third child in a couple of months.

She likes maternity clothes that help her flaunt her pregnancy — comfort wears and maxi dresses are go-tos. "When you're pregnant, you want to show that you're pregnant."

It's the same approach famous fashionista Kim Kardashian took to her pregnancy despite a lot of criticism.

"I think it's totally fine that she wore the skin-tight stuff. It's better than wearing something really frumpy and huge like a mummy. I think she looks great."



**1. EARRINGS** — SLIM  
"I love accessories but I like to be minimalist and not wear too many."

**2. RING** — A gift from her mom. From 18K. "You can always dress up what you're wearing by accessorizing it."

**3. DRESS** — Loved and worn. Heidi Klum. Maternity wear online.

**4. SHOES** — Aldo

Rosanna Shavron  
QC PHOTO BY TONY FULTON



## MAKE A BREAK FOR MINOT!

We're ready for you.

Minot has hotel availability.  
[visitminot.org/hotel-availability/](http://visitminot.org/hotel-availability/)

North Dakota State Fair  
 July 19-27

Nodak Speedway  
 Magic City International Dragway  
 Integrity Jazz Festival  
 Arts in the Parks

**MINOT**  
 We're ready for you.

## Discover the "Magical City" of Minot

While visiting Minot, be sure to experience the many "magical" activities, events and places that the city has to offer. With its many historical and cultural attractions, Minot is sure to meet and exceed your expectations.

The Dakota Territory Air Museum, Railroad Museum, Boo Line Depot, Interpretation Museum and the Tazoo Air Museum are worth setting aside some time to visit. Visitors to Minot won't want to miss the Scandinavian Heritage Park.

The Minot area is also abounding with unique shopping opportunities. The city of Minot offers something for everyone, from the large retail stores to the unique specialty shops.

After spending some time taking in the more than 120 stores at the Dakota Square

Mall, you can have a quick trip to Main Street and visit Minot's historic downtown shopping district. While you are there, you will find many unique and specialty shops including galleries, cooking shops, jewelry stores, specialty clothing shops, and much more!

After visiting several of the major shopping areas, you may be ready to look up your feet at one of Minot's great hot spots or take in one of the great events happening in and around town.

You may decide that you are ready to relax and enjoy a nice dinner. Minot boasts more than 75 restaurants, so visitors are sure to find an establishment to match their tastes and budget.

We urge to book your trip in advance so that you're guaranteed that a room is

available at your favorite hotel. You can see our hotel availability right on our website at [visitminot.org/hotel-availability/](http://visitminot.org/hotel-availability/) and don't forget to see our coupon page to check your book your hotel room at [www.visitminot.org/coupons](http://www.visitminot.org/coupons).

To ensure there are no hassles at customs when leaving for Canada, here are a few tips:

- Remember to bring proper identification. Make sure everyone travelling with you has proper documentation for leaving Canada. Birth certificates, passports and visas are the best insurance against problems at the border.
- Visit a Canadian Customs office to identify any valuables you may want to take to Minot from home. Items like cameras, jewelry and palm pilots can be recorded so

that there are no problems coming back across the border.

- Also, remember to check with Canada Customs if you plan to change or improve any part of your vehicle. If your vehicle breaks down while in Minot, the repairs must be done at a customs office and you may not have to pay the duties. But if you improve your vehicle with special modifications (in other words, increase its value) Canada Customs law will no longer consider the vehicle Canadian.

For further information, or to request a free visitors packet including coupons, lists of restaurants, things to see and do and where to stay, contact Minot Convention and Visitors Bureau at 1-800-564-2690 or visit the website at [www.visitminot.org](http://www.visitminot.org).



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# SEE WHAT'S HAPPENING IN MINOT.

*We're ready for you!*

## Norsk Høstfest readies for 36th festival

You may think it's too early to talk about a fall festival, but you're mistaken. Norsk Høstfest tickets went on sale at 8 a.m., CDT, May 17 and the entertainment lineup is one you won't want to miss.

Norsk Høstfest, North America's largest Scandinavian festival, is held in Minot, N.D., and thousands attend for the great food, culture and world-class entertainment. This

year marks its 36th anniversary which will be held Oct. 1-6 at the North Dakota State Fairgrounds.

The event kicks off Tuesday evening (Oct. 1) with the Opening Ceremony followed by an opening concert with Frank Sinatra, Jr., who will perform with his 12-member band and the full Minot Symphony Orchestra.

"This is a unique opportunity

for Minot," said David Rusten, Norsk Høstfest president. "We have a legend like Frank Sinatra, Jr. performing with our own Minot Symphony Orchestra is an once-in-a-lifetime event."

The festival's headline performers with three-time Grammy winner Kase Katsalafos taking the stage at 11 p.m., Wednesday, Oct. 3. Katsalafos's daughter, Kelly, will also make an appearance.

The 7:30 p.m., Wednesday evening concert features Frankie Williams and The Four Seasons. Fans will hear old-time favorites such as "Big Girls Don't Cry," "Wee Wee," "Can't Take My Eyes Off You," and many more.

Høstfest fans can be tempted to sit back and enjoy a double-header concert with live-time Grammy winner Marty Stuart and the chart-topping Reba McEntire at 1 p.m., Thursday, Oct. 3. Stuart, performing with his band, The Fabulous Superlatives, will bring hit songs to the stage such as "Fingerprint," "Gyp, Gyp, Gyp," "Hills Like White Elephants," and "Burrhead Blues." The chart-topping Reba McEntire, with more than a dozen chart-topping singles, will entertain fans with their popular music like "I'll Be There For You," "Fingerprints," "The Cowboy Song," "Let Your Love Flow," and "Old Hopes."

Thursday night (Oct. 3), comedian Bill Cosby will take the microphone at 7:30 p.m., to deliver his award-winning humor to the Høstfest audience. Cosby's comedy transcends age, gender and cultural barriers and his routines captivate generations of fans. Cosby Price, one of the Top 20 best-selling comedy artists of all time, will perform at 1 p.m., Friday, Oct. 4. Price is known for hit songs such as "You're a Good Girl (Revolution)," "Honey Bunch of Love," and "Someone Loves You Honey."

Eight-time country music "Entertainer of the Year" honoree Albiean is back on tour and will bring some of the south to the Great Hall of the Vikings at 7:30 p.m., Friday and Saturday, Oct. 4-5. Albiean's 75-plus charted singles include the hits "Remembrance Blues," "If You're Gonna Play in Texas," "I'm In a Hurry," "The Deep South," "Still Gyp," "Sing Of The South," and "40 Hour Week."

Legends of the '60s and '70s will take the stage at 1 p.m., Saturday, Oct. 5 on the Høstfest Together Tour. Fans will see live on stage Ray and Eddie from The Ratons, Chuck Negron, formerly of Three Dog Night, Gary Burdett & The Union Gap, Mark Lindsay, former lead singer of Paul Revere & The Raiders, and Gary



Lewis & The Playboys. The groups' hits include "So Happy Together," "Lucky Samantha," "The Girl Is a Woman Now," "Sure Gonna Miss You," and "Nookie."

Tickets will go on sale May 17 and will cost \$62 for VIP seats and \$22 for regular seats. The Høstfest Live Concert tickets with Frank Sinatra, Jr. will sell for \$28. Fans can order tickets online at hofest.com, by calling (701) 852-5266, or in person at 3200 S Broadway, Minot ND 58701. The city of Minot also undergirds tremendous growth and offers more than 25 hotels with plenty of rooms to offer Høstfest guests. To find hotel rooms, simply log on to Høstfest.com, click on "Accommodations" and follow the link at the bottom of the page.

Additional entertainment & activities

In addition to the Great Hall entertainment, Norsk Høstfest offers live stage acts several times each day during the festival including The Oak Ridge Boys, Boyz n the Bunch, Williams and Rex, Polo Chicks, Haley Nelson Hornsband, Figg, Wyke and the Wild West, Ringling's Western Seniors, ABBA Gals, Tightly and Loose Ltd.

Norsk Høstfest encourages fans to visit the website and dig deep into the pages and get beyond the festival's surface.

"When people attend Norsk Høstfest in October, they will really be surprised at the depth in the festival," said Rusten. "There are so many great acts to see this year and plenty to do."

Besides chart-topping acts, Norsk Høstfest will spotlight Scandinavian culture, adroit artists, Nordic shopping, night dancing, and, of course, great suburban Scandinavian cuisine. This fall festival provides something for people of all ages. For more information please visit hofest.com, or call the Norsk Høstfest office at (701) 852-5266.

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# SEE WHAT'S HAPPENING IN MINOT.

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## Great hall entertainment schedule



Frank Sotelo, Jr., Headliner Live Concert  
7:00 p.m. • Tuesday, October 1

Kiki Kielefferson  
1 p.m. • Wednesday, October 2

Frankie Wells and The Four Seasons  
7:00 p.m. • Wednesday, October 2

Marty Stuart & The Grammy Brothers  
1 p.m. • Thursday, October 3

Bill Cosby  
7:00 p.m. • Thursday, October 3

Charlie Pride  
1 p.m. • Friday, October 4

Adriana  
7:00 p.m. • Friday & Saturday, October 4 & 5 (two shows)

Happy Together Live (Greatest Pop/Rock Year of the 60s & 70s)  
1 p.m. • Saturday, October 5

Showing: The Tortees featuring Rita & Eddie; Chuck Negron, formerly of Three Dog Night; Gary Mackillop & The Union Gap; Mark Lindsay, former lead singer of Paul Revere & The Raiders; and Gary Lewis & The Playboys.



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# SEE WHAT'S HAPPENING IN MINOT.

*We're ready for you!*

## Integrity Jazz Festival

Provided by the Minot Area Council of the Arts

The Minot Area Council of the Arts presents the Sixth Annual Integrity Jazz Festival, Saturday, June 29. Artists, food vendors and the finest wines, beer and cigars from "On the Vine" join world class entertainment from 5-8 PM in the beautiful Scandinavian Heritage Park.

The Glenn Miller Orchestra returns to Minot by popular demand to headline the event for this second time. This group is the most popular and sought after big band in the world today. They perform about 350 live dates annually all across the globe.

Nick Hitchcock leads and directs the Glenn Miller Orchestra. In 1998, Nick became the featured male vocalist with the Glenn Miller Orchestra. His touring has taken him to all 50 United States, Canada, Mexico, Europe, South America, and Japan.

The award winning Patti Dora, a husband and wife team from North Carolina, will perform with acoustic versatility, diversity and

accomplishment. "Diana's Little Big Band" features top regional musicians and exciting Latin percussion styles. The Swing Band of Minot and a Youth Spotlight round out the day. Glenn Miller Orchestra share and festival director Steve Volney has assembled the "Between the Acts" combo to insure a seamless musical day.

Seven's Restaurant hosts the jazz session at 8 PM, live with your favorite wildcat, some one come see!

Tickets, \$15 in advance or \$20 at the gate, are available at the Minot Area Council of the Arts office, 1608 South Broadway, telephone 701.852-0767 or on the website [www.integrityjazzfestival.com](http://www.integrityjazzfestival.com).



## We are COMING BACK!

The flood of 2011 was devastating to the Minot Park District, but we are rebuilding all of our facilities. We have 9 holes open at Souris Valley Golf Course, and the other 9 have been rebuilt. We should have the entire course open in June. The Web Links golf course is now open and up and running. The Roosevelt Park Zoo is now open. Animals will be coming back as buildings are completed, please check the zoo facebook site for updates. Baseball will be played again in Minot this summer as well. The fields have been re-

seeded, and games are scheduled for the summer. Oak Park is open. The splash pad and Magic Sprinkles playground are complete, and are open weather permitting. Roosevelt Pool and Waterslide are now open. Grass has been seeded in most of our parks, playgrounds repaired, picnic shelters repaired, and we are seeing some green in our parks again. Many thanks to all of the volunteers, major donors, and all who have contributed in any way to help us rebuild our facilities. We still have much work to do but we are making progress and hope to have a normal season in 2013!



[www.minotparks.com](http://www.minotparks.com)

# SEE WHAT'S HAPPENING IN MINOT.

*We're ready for you!*

## Looking for a place to go? Why not come to Minot, ND?

The Minot Area Council of the Arts presents the "Arts in the Parks" free annual summer concert series. Season concerts are held away Thursday at 7 p.m., and Sundays at 4 and 7 p.m. The season begins Sunday, June 9 with a Minot City Band concert. The

season concludes Thursday, Aug. 8 with everyone's favorite themed event, "At the Hip." The event features '50s and '60s music with the "Birds of a Feather" and choro cars from the Dakota Crooners Car Club. St. Peters Church will be on hand serving Gyros,

beefitos and more. For complete concert information, call (701) 837-9397 or visit www.minotarts.com.

2013 free summer concerts in Scandinavian Heritage Park unless otherwise noted: Sundays at 4 and 7 p.m.; Thursdays at 7 p.m.

### June

June 9 at Oak Park  
City Band/Lindy Auner, mandolin

June 10  
Nodak Beats/Bbs

Continued on Page 29



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# SEE WHAT'S HAPPENING IN MINOT.

*We're ready for you!*

## North Dakota State Fair

Minot's oldest to third annual event is right around the corner. Organizers are anticipating 2013 to be the most innovative and exciting year yet.

"We have a wonderful state fair planned for this year and people can be really excited for this year," said Jennifer Aetling, North Dakota State Fair marketing director.

The week long flurry of events and entertainment kicks off on July 18 and lasts through until July 27. Lots of entertainment will be featured every night, and includes some big name country performers like Tim McGraw, Sawyer Brown, Toby Keith, Scotty McCreery and Brandy Clark.

Separate from the Grandstand Showpiece, will be performance from Journey and Goodieie Cleanwater Revivalist.

The week will be jam-packed with special events for people of all ages and all talents. With events like a cowboy contest, lawn bowls, a cake decorating contest, clown

contest, fruit and vegetable carving contest, 4-H film festival, hot dog eating contest, and arm wrestling championships, there won't be a dull moment on the fairgrounds.

Aetling says this year's fair will feature some innovative, original contests and competitions that will be interactive and link her guests to social media and photo sharing. "It could go on and on about our contests, but I could go on and on about our contests, but I could go on and on about our contests, but I could go on and on about our contests," she said. There is also a Flickr photo contest where we are encouraging folks to take pictures during the fair and to upload them to our Flickr page throughout the week with a chance to win \$100 in each of two divisions, or a \$500 prize for a best-of-show photo," she said.

The traditional agriculture fair events will be back again this year with countless competitive exhibits like livestock shows, a

horse pull, a pony pull, 4-H exhibits, horse racing, team roping and more.

Since it started in 1965, the North Dakota State Fair has grown in scope and popularity. A staff of about 10 works on year-round planning and organization, and during the week of July 18-27, the fair will employ more than 150 people. A mix of staff, hired employees, superintendents, interns, and volunteers pool their resources together to run the event.

"It really is a team effort. The community really comes together when the fair comes around. It's amazing, people come from all over and get so excited that they plan their year around it," she said.

"It's growing and growing more every year, and we couldn't be happier about it."

North Dakota State Fair 2013 contest lineup, entertainment schedules, exhibit entries, and ticket information can all be found online at [www.ndstatefair.com](http://www.ndstatefair.com).

### Looking for a place to go?

*Continued from Page 27*

June 18  
The Society for Creative Anachronism

June 20  
The Five of Us/ Jacques Younger, Grandma Bulberty

June 25  
Delicate Dais/Habesha Nielsen, Mandi Zeining, cake decorating

June 27  
International Blues Umbrella/Gladys Lowell, quilts

June 30 in OAK Park  
City Band "Pop"/Aaron Michaels, photography

### July

July 4  
FESTIVAL OF THE FOLKS – Events and entertainers end from 8 a.m. to 4:30 p.m.

July 7  
Bedeende Express/Bee

July 11  
City Band/Cheryl Firth "Blue Galaxy"

July 14  
JMB Band/ The Hjalmsland, record music

July 18 in OAK Park  
City Band "Scout"/Muthi Hinds, calligraphy, Mandi Zeining, cake decorating

July 21  
Gene Putnam/Isa

July 25  
Delicate Dais/Band/Nancy Hinkson

July 28  
Baton Co./The Blue Skies

### August

August 1  
The Molekays/ Tam Mikkelsen, musician; Mandi Zeining, cake decorating

August 4 on the MSU Lawn  
Swing Band of Minot (7 p.m. performances only)/Aunde Olson and MSU artists

August 5  
"At the Hay" featuring The Trillmakers/Delicate Dais/son deers/evolution/Tests by Some of Norway/Syris, bikiniwear and more by St. Peters

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# CITY NEWS

## # FUNERAL ARRANGEMENTS

### Cemetery adapts for traditional Chinese burials



Jeff Mueller (left) with the Regina Funeral Homes and Trevor Tidridge with Regina Memorial Gardens, discuss the installation of an area set aside to accommodate Asian burials. The two lion head statues are meant to serve as guards protecting the area. **BY PHOTOFY BERNICIA**

By Andrew Matto

Population growth and economic activity aren't the only signs of Regina's healthy economy.

A local funeral home recently chartered a unique space in its cemetery to meet demand from the city's growing Chinese community.

After taking suggestions from Regina residents and consulting an expert in Feng shui, Regina Memorial

Gardens reserved an area in its cemetery to accommodate burial plots that meet criteria for those seeking a traditional Chinese burial. Though the late winter meant work on Chinese gardens and other infrastructure were delayed, two lion statues shipped from China were installed in time for a recent unveiling.

"The general premise is that the lions are there to guard against disease and bad energy," said branch

manager Trevor Tidridge. "What this is about is answering requests made to us from members of the Chinese community."

The need for more land to bury people seeking a traditional Chinese burial grew after the remaining plots at the Chinese Garden at the city's Riverside Memorial Park Cemetery had been taken.

Tidridge said it was important to consult members of the Chinese

community and others to ensure the space met specifications.

"We had a professional feng shui master come down to make sure we completed the garden properly," said Tidridge, adding the mother of one of his friends, as well as a Chinese-speaking staff member have helped him meet the needs of clients.

Another cultural stipulation is that plots must slope toward the south and to a body of water. This means much

of the area surrounds a large pond on the property, located on the Trans-Canada Highway to east Regina.

"It creates good feng shui. And it's all about the energy," said Tidridge.

While families have already been reserving plots, the facility is able to transfer caskets for free to participating funeral homes in other cities in cases where clients change their minds about where they want to be buried.

# ON THE SCENE

# QUEEN CITY PRIDE FESTIVAL





Presents ...

# Regina's Only Free Outdoor Gym

Over the past few years, the Albert Park Community Association (APCA) board and representatives from the City of Regina have been working diligently to bring this progressive, outdoor fitness area to fruition. Outdoor gyms are very common in progressive, fitness-oriented European and North American cities. These gyms are becoming increasingly popular in Canadian cities and similar structures are already in place in the communities of Scarborough, St. Albert, Red Deer, Hamilton, Toronto, and even small-town Rosthern, Saskatchewan.



best thing is, it's free to use. Many of the structures are designed for simultaneous use. The stations include Air walkers, Stationary bikes, Elliptical cross trainers,



The goal of this project is for teens through to mature adults to get active and keep their bodies healthy, as there are many opportunities already available for young children to play and keep active in Reebok's Park. The Outdoor Gym is safe, durable, and the



as well as leg, Chest and Arm press equipment. This circuit like training can be combined for a well-rounded workout. Some of the equipment is designed specifically for individuals with reduced mobility.



The APCA wants to encourage the public to take advantage of this equipment. Although the outdoor gym is located in south Regina, it is available for anyone to use. One of the APCA's ongoing organizational objectives is "Giving Back to Their Community". This project is just one example of how they are putting this objective into action.

Major Sponsors:



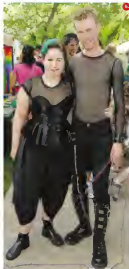
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AVAILABLE FOR  
ANYONE TO USE

**Come Out and Enjoy Regina's Only Outdoor Gym!!**

# ON THE SCENE

## # QUEEN CITY PRIDE FESTIVAL



Reginians proudly showed their colours on Saturday during the annual Queen City Pride Festival. Crowds took to the streets for the Pride Parade downtown, which began at the Gay and Lesbian Community of Regina (GLCGR). That afternoon, Victoria Park was the place to be. Pride in the Park had food, beer gardens, vendors, DJ music and a drop volleyball game. Pride Week (June 17-23) showcases a rainbow of local, national, transgender and queer (Q.S.B.T.Q.) people.

1. Chloe Koch and Josh Zudensman

2. Jeff and Vinca Marcha

3. Erin Hagan and Bree Field

4. Mercedes Pollitzer and Tiffany Tico-Belle

5. Sarah Mercer (front left), Cherie Rynard

(front right) and hundreds of others partici-

pate in the Queen City Pride Parade.

6. Morgan Gernsmeier and Magnus Auf Der Maur

7. The Empress of Cosplay poses atop a car in the Queen City Pride Parade.

8. Greg Kirby, Aaron Shannon and Wayne Bremers

9. Ganelle Ceran and Grace Lynn Alway

10. Deanna Daniker, Lindsey Benzafl and Call Abernethy

QC PHOTOS BY MICHAEL BELL



**CROSSWORD**

## NEW YORK TIMES Edited by Will Shortz

## RESULTS

- [illegible]

# SHARP EATS

# SASKATCHEWAN FOOD SCENE

## Village of Chamberlain's draw is its simplicity

By Jenn Sharp

Gourmet burgers are all the rage. Bleu cheese, stuffed tomatoes, avocado, prosciutto, caramelized onions, the list goes on and on. However, sometimes you just want a simple cheese burger.

It doesn't often show up on the menu in trendy spots in Regina and Saskatoon because patrons are demanding innovation. We want our burgers to be delighted and we don't want to be bored with "just an other burger."

If you've travelled Highway 11 between Regina and Saskatoon, you've passed through Chamberlain. Perhaps you've had a burger at an ice cream or one of the road-side stops. For years, the village has taken advantage of the fact it's the only place on that highway where traffic must slow to 50 km/h. A number of eating establishments are set up along this little stretch to take advantage of hungry travellers and truck drivers.

Twisted Sister's walk up window eatery has been there since I was a kid. We made frequent evening trips from our farm near Oshkosh (yes, my dad's '80 rock concertable Thom debited) for soft ice cream or popcorn made with real butter. The popcorn is still served with real butter and it's the best. Now it even comes in a paper bag placed inside a plastic liner so the butter grease doesn't soil your lap.

The juicy and delicious homemade burgers here won't blow you away by jordan size. However, at reasonable prices (\$4.99 to \$8 depending on the toppings) it's a steal of a deal, especially if you're feeding a family. The hand-cut French fries are greasy, but you don't come here to eat healthy food, right? Along with the burgers, the little shop (staffed mainly by hard-working managers all men) sells, serves, grills chicken, chicken burgers, onion rings, pizza, fish and chips, salads and a regular fry.

Twisted Sisters is all about the ice cream. From Twisted to milkshakes



The Old West Express Big Burger comes with cheese. A variety of toppings can be added at your discretion. The fries are always unstuffed.



We devour chickenburgers at Twisted Sisters in Chamberlain with a side of home-cut fries and a pint of cold beer. (COURTESY OF JENN SHARP)

to sandwiches and creamed soups, there's dozens of flavours. People line outside as much. It's often lined up into the parking lot. Like The Milky Way in Regina or Saskatoon's original Berry Queen on Eighth Street, it's nostalgic to come here.

This year, a new competitor for Twisted Sisters, many patrons moved to next door. The Old West Express owned by Clifford and Debbie Luthert is a welcoming place full of antiques, wooden tables and covered in red-checked tablecloths and



The Old West Express serves up homemade burgers and late August

Clifford's unique blend of "homemade" "house of the Big Burger" the home-made cheeseburgers here are indeed "good and big," as Cliff said. Priced at \$10 with a large side of fries, you may be hard pressed to find room either for a 30 ice cream cone. My favourite was the Monocrome Farmer sausage.

"You don't feel like you have to drink a beer after," said Clifford of the spend, yet not salty sausage.

French fries always come unstuffed, as Clifford says of doing his part for his customers' health. He even started an Old West Express exercise program (not really) for the many truckers that pass through his doors.

I had the opportunity to share lunch and a laugh with one of them. It's a lovely life, driving a big rig, but the Old West provides a pleasant detour from the monotony.

Make sure you make a trip to the bathroom as The Wells are covered with "vintage sermons," written mainly by the owner himself. The bathroom should be a place of solace he said.

"You want to get in there and say 'leave me alone for two minutes, crazy world!'"

And don't forget to see the new 'HIP' rock. Clifford won't let you take a picture of it, but if you're lucky you can touch it.

# OUTSIDE THE LINES

## # Colouring contest

Each week, artist Stephanie McKay creates a timely illustration meant to please kids of all ages.

Children can colour the page, have a picture taken with the finished product and email it to [steph@leaderpost.com](mailto:steph@leaderpost.com) by Friday at 9 a.m.

One winner will be chosen each week. Please send high-resolution pictures and include the child's name and contact information.

Last week's QC colouring contest winner was **Shelene Arora**. Congratulations!! Thanks to all for your colourful submissions. Try again this week!



## SUMMER BURGER SENSATION!

Juicy Grilled Angus Beef patty topped with pepper jack cheese, tangy bays, caramelized and crispy, crunchy onion tanglers. You're gonna love it!

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## EVENTS

## # MUSIC

Thursday, June 27

**Deborah's Tribute to Gene  
Sloan Music**  
McNelly's, 2226 Dewdney Ave.

**Michael Bernard Fitzgerald**  
The Exchange, 2431 8th Ave.

**Dr. Nile**  
Catho Regina Show Lounge  
6500 Saskatchewan Dr.

**Mother Night**  
The Artful Dodger  
6331 18th Ave.

Friday, June 28

**F.O.B.O.B.**  
McNelly's, 2226 Dewdney Ave.

**Big Chill Fridays**  
With music by DJ Mattie  
The Lancaster, 4209 Gordon Rd.

**Summer Scratch Competition**  
The Artful Dodger  
6331 18th Ave.

**Debbie's, The Dead South**  
The Exchange, 2431 8th Ave.

**The Titled Bits**  
The Chief Unofficial Regis  
Meet-Up Bn, The Pump  
641 Victoria Ave E

**Indigo Joseph, Boreal Sons,  
Soviet Dogs To Alaska**  
Orion's, 7457 Scott St

Saturday, June 29

**George Pex**  
Catho Regina Show Lounge  
6500 Saskatchewan Dr

**F.O.B.O.B.**  
McNelly's, 2226 Dewdney Ave.

**Rosebush Crush**  
The Pump, 641 Victoria Ave E

**The Dead South**  
The Lancaster, 4209 Gordon Rd.

**The Broomed Lakes, The  
Highest Onyx, Travel Trees**  
The Exchange, 2431 8th Ave.

**Chromed**  
The Club at the Exchange  
2431 8th Ave.

**Summer Scratch Competition**

**The Artful Dodger**  
6331 18th Ave.

**The Engine Associates**  
Cathedral Rehearsal, 2053  
Albert St.

Sunday, June 30

**The Pledmire, A Wilkes  
Screen, Josh Oski, Cinkat**  
The Exchange, 2431 8th Ave.

**Trigger Effect, Black Thunders**  
The Club at the Exchange  
2431 8th Ave.

Monday, July 1

**Canada Day main stage**  
noon — Opening Ceremonies  
1:30 p.m. — John Vellis  
3 p.m. — The 13th Delta  
4 p.m. — Scott Galt  
5 p.m. — Seattle Whang  
6 p.m. — Topical Mocking Bird  
7:30 p.m. — Jakes & The Main-  
line Attraction

8:30 p.m. — The Times  
Wascana Centre

**Canada Day Live Stage**  
11:00 p.m. — Bernice's  
2 p.m. — Saskatchewan Science  
Centre  
3:00 p.m. — Kent Senkow  
3:30 p.m. — Rick & Greg  
4:00 p.m. — Darius & Lander  
5:00 p.m. — Galt Wolf  
6:00 p.m. — Karl Wolf  
Wascana Centre

**Canada Day Live Stage**  
11:00 p.m. — Bernice's  
2 p.m. — Saskatchewan Science  
Centre

**The Titled Bits**  
The Chief Unofficial Regis  
Meet-Up Bn, The Pump  
641 Victoria Ave E

**Indigo Joseph, Boreal Sons,  
Soviet Dogs To Alaska**  
Orion's, 7457 Scott St

Tuesday, July 2

**Tuesday Night Troubadour**  
June 28  
Every Tuesday 8 p.m.  
Buckskin, 2557 Park St.

**Wednesday Night Folk Club**  
Buckskin  
2226 Dewdney Ave.

**John Night**  
Every Wednesday  
McNelly's, 2226 Dewdney Ave.

**The Trunks**  
The Club at the Exchange  
2431 8th Ave.

**The Shambles**  
The Exchange, 2431 8th Ave.

## # ART

**Patrick Cline: New Ties,  
Recent Paintings & Vintage  
Photographs**  
Until June 28, Mystique Gallery,  
2706 12th Ave.

**Sunday Art Market**  
Weekly community-based  
marketplace with live art  
performances  
June 29, 7-5 p.m.  
Cathedral Northside  
Park, 2800 13th Ave.

**Alignments**  
A series of texts, images and  
objects by Kevin Rodgers and  
Lisa Burish  
Until July 13, Neutral Ground  
4003 1856 Scotch St.

**The Power of Music: Sus-  
tainability and the Future**  
Until July 21, Royal Saskatchewan  
Museum, 34-45 Albert St.

**Please Stay**  
Videos comment on adver-  
tisements in public utility  
spaces  
Until Aug. 9, Neutral Ground  
4003 1856 Scotch St.

**Custodian Tales**  
Video works by Joseph  
Andersen  
Until Aug. 11, Danzig Art  
Gallery — Central Library, 2391-  
12th Ave.

**The Artists of Scott Nichol-  
son Fine Arts**  
Until Aug. 16, Reine Centre  
Creative, 621 Albert St.

**Play**  
An interactive installation  
by Kathleen Irish and Jeff  
Andersen, using planned and  
unplanned  
Until Aug. 25, Dunlop Art  
Gallery — Central Library, 2391-  
12th Ave.

**Dimensions**  
Saskatchewan Craft Council  
show, Until Aug. 25  
MacKenzie Art Gallery, 3475  
Albert St.

**How We Filled the Vault: 50  
Years of Collecting at the  
MacKenzie Art Gallery**  
Until Sept. 1, MacKenzie Art  
Gallery, 3475 Albert St.

**Sean Steen: The Journey of a  
Canadian Hero**  
Until Sept. 2, RCMP Heritage  
Museum, 5907 Dewdney Ave.

**Greatest Hits: The Jane Tour  
of Canadian Art**  
Until June 24, MacKenzie Art  
Gallery, 3475 Albert St.

**Acoustic Gallery**  
2246 Scotch St.  
Open Tuesday to Saturday  
10 a.m. - 5:30 p.m., Sunday  
10 a.m. - 5 p.m.

**Noirvana Gallery**  
2146 Albert St.  
Open Tuesday to Saturday,  
10 a.m. - 5 p.m.

**Stake Fine Art Gallery**  
2075 Halifax St.  
Open Tuesday to Friday,  
10 a.m. - 5 p.m., Saturday 10 a.m. -  
5 p.m.

## # COMEDY

**Cyrene Comedy Night**  
June 27, The Artful Dodger  
6331 18th Ave.

**Orphan Club**  
June 28 and 29, 8 p.m.  
in the Auditorium, 2477 12th Ave.

**Comedy On!**  
Every Tuesday night  
Buckskin, 2557 Park St.

## # SPECIAL EVENTS

**Vape Party with Budai Free  
Vape**  
June 27, 5-6 p.m.  
Victoria Park, downtown

**Regina Car Show Co-opera-  
tive AGM**  
June 27, 6 p.m.  
Moxart Restaurant, Hotel  
Saskatchewan, 2125 Victoria St.

**Prarie Passages**  
An evening with Margaret  
Atwood and Steven Gibson  
June 27, 6:30 p.m.  
Hotel Saskatchewan Reentry  
Ballroom, 2125 Victoria Ave.

**Salsa on the Plaza**  
Hosted by Regis Saleros  
June 27, 7-10 p.m.  
City Square Plaza, downtown

What you need to know to plan your week.  
Send events to [QC@leaderpost.com](mailto:QC@leaderpost.com)

**Regina Red Box w/ Weylman  
Beavers**  
June 27, 7:05 p.m.  
Curtis Field, Ang Road and  
Windsor Street

**Theatre in the Park with  
Dance Theatre in School**  
For tickets aged 13 to 18  
June 28, 3-5:30 p.m.  
Victoria Park, downtown

**Regis Farmers' Market**  
Every Saturday, 9 a.m. - 1 p.m.  
City Square Plaza, downtown

**Canada Day Regatta**  
June 29-July 1, 9 a.m. - 5:30 p.m.  
Wascana Lake

**Archery and Lacrosse youth  
camp and community BBQ**  
June 28, 10 a.m. - 4 p.m.  
First Nations University of  
Canada

**Red Leases Performing Arts  
Review**  
Culture on the Plaza, hosted by  
Regis Multicultural Council  
June 28, noon - 1 p.m.  
City Square Plaza, downtown

**Shirley & Steve**  
Presented by Auction House  
Donna  
June 28, Royal Saskatchewan  
Museum, 34-45 Albert St.

**Pile of Bones Dirty Club**  
roller disco  
June 27, 7 p.m.  
Cello-Curling Club, 2225 Sen-  
dis Schmirler Way

**Podding for Regus**  
A multimedia performance by  
Jennifer Kelly, who is cycling  
through seven countries to  
raise awareness of human  
rights and environmental  
issues in West Papua  
June 28, 7-9 p.m.  
Westley United Church, 2613  
Hillside St.

**Canada Day Festivities**  
Featuring Western Canadian  
Strongman Champion  
backwards, Race Against  
Time painting, Jelly Jammers  
and more  
July 1, noon - 6 p.m.  
Wascana  
Park

**Canada Day Festivities**  
Featuring Western Canadian  
Strongman Champion  
backwards, Race Against  
Time painting, Jelly Jammers  
and more  
July 1, noon - 6 p.m.  
Wascana  
Park

**Unleashed-Governor's Gar-  
den Party**  
July 1, 1-4 p.m.  
Government House, 4507  
Dewdney Ave.

**Pine Springs Tour with the  
Regis Professional Fire  
Fighters Association**  
July 2, 9:30-10:30 a.m.  
Victoria Park, downtown

**Chess in the Park**  
July 2, 11:30 a.m. - 1:30 p.m.  
Victoria Park, downtown

**Ultimate Frisbee**  
July 2, 3 p.m. - 5:30 p.m.  
Victoria Park, downtown

**Regis Farmers' Market**  
Every Wednesday, 9 a.m. - 1  
p.m.  
City Square Plaza, downtown

**World in the Park**  
Hosted by Saskatchewan  
Whirly Club  
July 3, noon - 1 p.m.  
Victoria Park, downtown

## # NEW MOVIES

**The Heat**  
Comedy  
An uptight 1971 agent (Sandra  
Bullock) teams up with a foul-  
mouthed Texas cop (Willis  
McGall) to take down a  
ruthless drug lord. Directed by  
Paul Figg.

**White House Down**  
Action  
Capitol Policeman John Cale  
(Channing Tatum) has just  
been ordered to his dream job  
with the Secret Service of  
protecting President James  
 Sawyer (Jamie Foxx). Not  
wanting to leave his dream job  
to his little girl he takes her  
on a tour of the White House,  
which she overhears by an  
armed paramilitary group  
is up to take to save the  
president, his daughter and  
the country.

**Galaxy Cinema**  
420 McArthur Blvd. N.  
306-523-9298

**Cineplex Odeon**  
Southland Mall Cinema  
3025 Gordon Rd. 306-585-  
3333



**NEXT WEEK:** What's the funnest thing your child has said or done lately?

Email [QC@leaderpost.com](mailto:QC@leaderpost.com)

## ■ PARENT TO PARENT

Each week *QC* gathers advice from parents to share with other moms and dads. This week we asked

### What's your favourite way to spend summer in the city with kids?

"The bookish park concert, Women Play Village (in Saskatoon) is our go-to. It's so easy, so relaxing, the only thought!" —Lisa Dutton

"The Regina Folk Festival is our favourite summer event, but really there's such a smooch of amazing outdoor events each summer in Regina — Sir Isaac RSO Symphony Under the Sky, Let's Fest — (I love being in a place that allows for the kids and to take our knowledge out and the great spaces in our city) Plus, the city is packed with amazing parks and outdoor pools. Nothing beats summer in Saskatoon!" —Ally Pickett

"We spend most of our summer camp-

ing. When we are in the city we frequent the local parks, not water parks and go for bike rides!" —Michelle Grodzki

"At the swimming pools!" —Lawrence Thompson Hill

"Golfing at Sturges & Asendine is the only park!" —Doreen Taylor

"We love anything outside! After a very long winter, anything we can do outside, we do. We walk to the parks around our house almost daily, enjoy picnic outside. I try to get to one of the spray parks in the city on the weekends, go for bike rides, get out for a boat ride when we can, and look forward to our annual block party!" —Jennifer Hladik

"We have so many great things we enjoy doing in the city! We visit all the parks in Regina (Candy Cane is still a favourite of the kids), the spray parks, Wascana Park outdoor pools, etc. — the list is endless! We never run out of things to do — being in the sunshine!" —Lisa Lemak

"I am a teacher so I have the whole summer off with the kids. My favourite way is just to go the parks around our neighbourhood — anywhere where there are swings! Other than that we just enjoy relaxing at home and doing whatever we feel like. I like to do at least one trip to Candy Cane park with the whole family and do a BBQ, and lots of visits to the Miley

Way (in Regina)." —Christa Miller

"When we have days off we usually try to go camping or to the lake and if we are in the city we try to spend a lot of time outdoors!" —Nikita McIntosh  
"We have to go to one of the numerous spray parks, enjoy the other parents or walk around Wascana (in Regina) and feed the geese!" —Shelly Lambert

"Any of the splash parks are so awesome for the kids. They can get wet, yet still cruise around. But by far our favourite is the movie in the park. We bring in an mattress, blankets and snacks. Every year gets bigger and better!" —Allysa Cornscheck



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# WHAT MOVES YOU

Tell us what moves you!  
Email [QC@leaderpost.com](mailto:QC@leaderpost.com).

# KELSEY BONE

## A custom father-daughter relationship

By Andrew Matto

It's a super-duper Jeep customized for the trails, but this 2007 Wrangler Rubicon also illustrates the quality of a relationship between a woman and her father Kelsey Bone. He enjoys her Jeep but he takes to off-road trails as the vice-president of a local 4x4 club. She's also proud of the customization work she did with the help of her father Bone.

**Q: What kind of vehicle is this?**

**A:** It's a 2007 Jeep Wrangler Rubicon. I'm a big Jeep fanatic. And the Rubicon is the off-road model. It comes with a locking differential, disconnecting sway bar, mud tires and rock rails.

**Q: Why do you like Jeeps so much?**

**A:** I honestly grew up with it. My dad was really into the off-road community. I just kind of took that over.

**Q: Where did you buy it?**

**A:** I bought it in Saskatoon. It was a private sale. I paid \$30,000.

**Q: What customizations have you done?**

**A:** It has a two-and-a-half-inch suspension lift. It basically means there are stronger coils and longer shocks. And there's a different track bar on the back. It gives me clearance so I was able to put bigger tires on it.

**Q: And it looks cool, right?**

**A:** Yes.

**Q: What kind of tire did you select?**

**A:** They're 35-inch mud tires. They're Maxxis trail grippers.

**Q: What else did you do?**

**A:** I added a snorkel. It raises your air intake so you won't get water in it when you're going through the water. Sometimes, when you do water crossings, water sometimes splashes onto the hood. And that's where the snorkel is. You don't want to get water in that part of the engine, so with the



Kelsey Bone and her Jeep Rubicon. The off-road enthusiast wanted how to customize it further and Dave Bone, go [www.kelseybone.com](http://www.kelseybone.com).

snorkel, you're not likely to get water that high up.

**Q: It looks cool too, right?**

**A:** Yes, that too.

**Q: What else?**

**A:** I installed a Bock's Triforce exhaust. It includes the tailpipes and the whole exhaust system. It supposedly adds a little horsepower, but I am not sure about that. It also makes

it sound better. If I ever floor it, it sounds really nice.

**Q: What is a nice sound to you?**

**A:** Loud.

**Q: Anything else?**

**A:** It has a CB radio. When we go out on trail rides, you can communicate with other Jeeps. So if someone gets stuck, you can just call someone over. It also has grill inserts. They slide

into your grill so it stops rocks from getting in to protect your radiator.

**Q: What about a stereo?**

**A:** It came with an infinity sound system that has a stock sub-wwoofer.

**Q: What did you start knowing as much about vehicle customization?**

**A:** I honestly didn't know very much until I got this Jeep. I refuse to take it into a dealership or have someone

else work on it. So, I was learning as I built it. Everything I have added I have done myself with my dad.

**Q: How do you describe your relationship with your dad?**  
**A:** We have a good relationship. We're pretty close. I am a daddy's girl. He's a lot like me because we are both easy-going. And he's good with vehicles so I trust him more than I do anybody else.

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# WINE WORLD

#RUFFINO IL DUCALE

## Catch the Chianti bug with Ruffino from Italy

By James Romanow

A couple of weeks ago, one of the members of F & M (the band) reached that they had a bottle of Ruffino Ducale Reserva. They were less than impressed. I advised F & M to ask to be invited, working on the presumption of Reserva's refined tastes were too much for the band they needed a shock sweet wine.

In hindsight I suspect the bottle they had was corked, a horrible mistake. Ruffino needs to get a handle on Ruffino in a big enough winery to afford spectrometers and post bottle sampling. As it happens, I'm a huge fan of Ruffino Reserva, to the point that I've bought (my wife) and I'm responsible for about eight per cent of the province's consumption, and know personally their future fate.

In any event there are many people who do find Chianti too acidic and this Ruffino has attacked this problem by blending in various French varieties to present a palate closer to the New World standard. I'm of course talking about these wines. Chianti (sangre) is a grape I don't particularly appreciate blended, at least not as the dominant grape. This Italian blend of earth and refinement seem enabled by the more generous flavours of the French varieties.

In any event I Ducale is a blend of sangre, se, Syrah, and Merlot (60/30/30). It is definitely

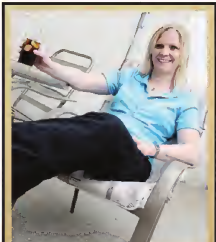


darker in colour and offering both a texture and flavour set that many people will find richer. It seems to have lost some of the food friendliness that I share in sanguine but is an absolutely great cocktail or picnic-on-the-couch wine.

If you haven't caught the Chianti bug yet, this may be a wine that strikes a nice balance for you.

Ruffino Ducale Italy 2008 \$50 \*\*\*\*

More wine in Monday's LeaderPost or go to [www.leaderpost.com](http://www.leaderpost.com) on Twitter



## Next week in QC

Local notables like Amber Holland reveal their fun in the sun plans for summer

## Crossword/Sudoku answers

M	E	Y	E	R	S	E	P	H	E	R	I	E
I	R	I	N	A	T	R	A	C	E	E	A	R
M	A	C	H	S	R	A	I	D	R	O	A	D
I	T	H	A	S	C	I	R	C	L	E	S	
			L	U	N	P						
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T	E	A	S		A	G	I	T	A	T	O	R
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L	A	L	E	A	T	E	S					
V	O	L	L	E	Y	E	R	S				
I	L	E										

4	7	6	8	5	2	9	1	3
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3	5	9	4	7	1	6	8	2
9	4	3	2	1	6	8	5	7
7	6	1	9	8	5	3	2	4
2	8	5	7	3	4	1	9	6
1	2	4	5	6	9	7	3	8
6	3	8	1	2	7	5	4	9
5	9	7	3	4	8	2	6	1

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# READ MY BOOK

**LOCAL AUTHORS:** Writers tell us what makes their book worth reading

# TAYLOR LAMBERT

## A trip to India through a reporter's eye



Taylor Lambert

It is 11,000 km from Moose Jaw to Delhi on the cross line. My path was a little more complicated than that.

In 2010, I had been working as a sports writer on Moose Jaw for nearly a year. It was my first gig after completing journalism school in Montreal, where I had lived for four years. Despite my dog Scooby-doo roots, I felt frustrated there. I was a young man and a young writer, endocrine and busy for information.

Without much other second thought, I quit my job and bought a one-way ticket to India, with an old drinking buddy from Montreal. There was no plan. This book is the story of the next five months

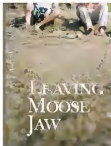
of my life spent roaming around the subcontinent in chaotic fashion.

There were wild times, pre-mixed drug-induced hallucinations on a rooftop, a 48-hour stay in a Hindi-speaking actor in a Bollywood interview series, pretty girls and rivers of cheap liquor were just some of the sideways distractions from a sincere attempt to examine ancient culture with a journalist's eye. But I was that and I wasn't a journalist, and I had to learn to learn about the country I explored and the people I met.

This book is a strange blend of journalism and exploration of debauchery and cultural study.

Primarily though, it is a tale of the road, leaving a familiar place behind in search of the unknown. My road took me to strange places, from red velvet rooms to expensive scotch in five star hotels from cheap-chicken cafes to an empty island paradise. From the slums of Mumbai to the vertiginous place of three seas at the tip of the subcontinent and up to the Himalayas. It was not the road I imagined when I left Moose Jaw, but it was nevertheless precisely what I was seeking.

I wrote this book to share my journey. I hope these stories excite and enlighten you, and make you wonder about what other roads might be out there, waiting for us.



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